

# Invisible Wounds: Effects of Trauma on Brain Development; Promoting Healing Via Trauma Informed Care / Consciousness

**DATE & TIME:** February 23, 2016

**9:00 AM - 12:00 PM**

*All registration is completed on the Learning Net prior to the training. Sign-in begins 30 minutes prior to the training time. All participants must arrive during the sign-in period. Late arrivals will not be admitted.*

**PLACE:** Special Services for Groups  
905 E 8<sup>th</sup> St., Large Conference Room  
Los Angeles, CA 90017

**PARKING:** Parking is free in facility lot. Turn on Gladys Avenue to park.

Research indicates psychological trauma interferes with the development of the brain, its maturational process and the consequential manifestations. The purpose of this training is to teach mental health staff about working with consumers with Post Traumatic Stress Disorder (PTSD). Such knowledge and understanding about PTSD is relevant to the work with specific populations subjected to violence and other traumatic experiences, in particular the homeless and chronically homeless. The presenters will review Attachment Theory including how trauma affects attachment. Additional discussion addresses "Trauma Informed Care" and techniques to address PTSD effects; these techniques include self-soothing, self-care and distraction methods.

**TARGET AUDIENCE:** DMH Providers and DMH contracted staff only

**OBJECTIVES:** As a result of attending this training, participants should be able to:

1. Discuss trauma theory and its significance for individuals experiencing complex trauma.
2. Explain the effects of trauma on brain development.
3. Identify the main components of attachment theory.
4. Explore techniques to treat individuals diagnosed with PTSD.

**CONDUCTED BY:** Nikolaos Stefanidis, Ph.D. , & Moises Rodrigues, Ph.D., Children's Hospital

**COORDINATED BY:** Janice Friend, LCSW, Training Coordinator  
[jfriend@dmh.lacounty.gov](mailto:jfriend@dmh.lacounty.gov)

**DEADLINE:** When maximum capacity is reached

**CONTINUING EDUCATION:** In Process

**COST:** None

DMH Employee register: <http://learningnet.lacounty.gov>

Providers complete a training application

☐ Cultural Competency ☐ Pre-licensure ☐ Law and Ethics ☐ Clinical Supervision ☒ General



# County of Los Angeles Department of Mental Health

## TRAINING APPLICATION FORM

Please Print or Type



### Instructions

Each individual must complete a separate application form for each training he/she wishes to attend. Please complete the application in full. Applications will not be processed with incomplete or inaccurate information. Notification of registration confirmation for a training will be provided by the training coordinator. Unless otherwise specified, walk-in registrations will not be admitted.

For trainings, sign-in begins 30 minutes prior to the training time. All participants must arrive during the sign-in period. Late arrivals will not be permitted.

*This form is not to be used for LPS Designation Training. The LPS Application is available at [lacdmh.lacounty.gov/training&workforce.html](http://lacdmh.lacounty.gov/training&workforce.html).*

Training Title  
(as in DMH bulletin) **Invisible Wounds: Effects of Trauma on Brain Development; Promoting Healing Via Trauma Informed Care/ Consciousness**

Date(s) **February 23, 2016**

Training Coordinator **Janice Friend**

County Employee Number

*(non-county employees supply the last four digits of the SSN)*

Name

Program, Service or  
Agency

Job Title

Address

City

Zip Code

Telephone

Email

**License or Credential Number(s)** (complete as many as applicable)

CAADAC

LCSW

LPT

LVN

MD

MFT

Psychologist

RN

Supervisor's Approval (Applications will not be processed if not signed by supervisor)

For processing, please return Application to:  
**Los Angeles County Department of Mental Health  
Workforce Education and Training Division  
695 S. Vermont Avenue, 15th Floor  
Los Angeles, CA 90005  
Fax: (213) 252-8776**

Print Supervisor Name

Supervisor's Signature

**Phone: (213) 251-6874**

**Email: [jfriend@dmh.lacounty.gov](mailto:jfriend@dmh.lacounty.gov)**

**(When faxing, there is no need to use a cover sheet)**